Dear UCI Dancers,

We hope you had a wonderful Memorial Day weekend!us

We're running, spinning and jumping through spring quarter! We are enjoying working with you all. Feel free to contact us if you need some assistance. Remember to contact your professor if you are sick and cannot attend class. Please see your Dance-related news below. Good luck with your final projects. We encourage you to take care of yourselves and breath, drink fluids, sleep and eat!

SPRING QUARTER WEEK 9 NEWS!

BFA Sr. Thesis

Week 9 – Veronica Allen, Bela Depalatis, Paloma Perez-Rojas, Dillon Zamora Week 10 – Violeta Lemoh, Emma Mertens, Amecie Lublin

Fall Courses

193-The Thinking Body - From the mind to the body and back again. Professors Diefenderfer and Lubovitch have joined together to create a practice uniting Pilates based concepts and Floor Barre technique designed to develop a deeper awareness of the power of the brain/body connection in order to expand the dance practitioners' freedom of movement, safety from injury, and presence of mind.

193-Senior Seminar - This course is designed to guide UC Irvine Dance majors as they reflect upon their university experiences and prepare for careers in dance. The course will explore the variety of potential careers in dance, guide the students as they gain a better understanding of their personal career goals and become prepared to achieve those goals, and form a plan of implementation based on the tools and information in the course. We hope to answer the question – "what am I going to do when I graduate?"

NOTE – Seniors, "Critical Issues" is being offered in fall quarter next academic year. You can also take it during this summer '23.

Physical Therapist

Come in and see our Physical Therapist, Dr. Ashley Wallace Leon. Ashley's hours are Tuesdays and Fridays from 3-7pm. Schedule your appointments with the link below. Please fill out the form in the link. <u>https://calendly.com/danceptuci/30min</u>

Thank you so much for making an appointment to see Dr. Ashley Leon. Please fill out this form prior to coming: <u>https://forms.gle/VFZHFRRnrCFbCxA38</u>

Best wishes,

Molly Lynch Chair and Professor - Dance Department Claire Trevor School of the Arts

