Dear UCI Dancers,

We're running, spinning and jumping through spring quarter! We are enjoying working with you all. Feel free to contact us if you need some assistance. Remember to contact your professor if you are sick and cannot attend class. Please see your Dance-related news below, including Studio Reservations, Fall Courses, and PT hours. Good luck with your projects. We encourage you to take care of yourselves and breath, drink fluids, sleep and eat!

Have a great quarter!

SPRING QUARTER WEEK 7 NEWS!

Studio Reservations

FYI- Jeff Stube will be out of the office on Friday, May 19th and Friday, May 26th.

Due to staff vacations and scheduling, all space reservation requests need to be finalized before noon on Thursday May 18th and Thursday May 25th for the following week so that the staff can get them all entered on the calendar and access cards/keys all updated before Jeff Stube leaves the office Thursday afternoons- especially for any requests for Sunday, Monday or Tuesday. Thank you!

Fall Courses

193-Senior Seminar - This course is designed to guide UC Irvine Dance majors as they reflect upon their university experiences and prepare for careers in dance. The course will explore the variety of potential careers in dance, guide the students as they gain a better understanding of their personal career goals and become prepared to achieve those goals, and form a plan of implementation based on the tools and information in the course. We hope to answer the question – "what am I going to do when I graduate?"

193-The Thinking Body - From the mind to the body and back again. Professors Diefenderfer and Lubovitch have joined together to create a practice uniting Pilates based concepts and Floor Barre technique designed to develop a deeper awareness of the power of the brain/body connection in order to expand the dance practitioners freedom of movement , safety from injury, and presence of mind.

Physical Therapist

Come in and see our Physical Therapist, Dr. Ashley Wallace Leon. Ashley's hours are Tuesdays and Fridays from 3-7pm. Schedule your appointments with the link below. Please fill out the form in the link. <u>https://calendly.com/danceptuci/30min</u>

Thank you so much for making an appointment to see Dr. Ashley Leon. Please fill out this form prior to coming: <u>https://forms.gle/VFZHFRRnrCFbCxA38</u>

Best wishes,

Molly Lynch Chair and Professor - Dance Department Claire Trevor School of the Arts