Dear UCI Dancers,

It's week 10! We hope you had a great Thanksgiving and a nice long weekend to recharge and reset. We know this may be a full week with classes, finals, and New Slate, but we're almost to the finish line! Please see your Dance-related news below, including information about our new Physical Therapist, Robert Tsai, and reminders about New Slate and a call for research study participants from second year MFA graduate, Whitney Schmanski.



WEEK 10 NEWS

Dance Department | Physical Therapist

We are pleased to announce the addition of our new Physical Therapist, Robert Tsai! He will be working with the Dance Department beginning next Tuesday, 11/30/21. His hours are <u>Tuesdays and Wednesdays</u>, from 9 am to 12 noon. Dancers are welcome to schedule their 20-minute appointment through the signup sheet in the Dance lobby, or email <u>dance@uci.edu</u>. These appointments will be first come, first served. Drop-in appointments may also be accepted if there is open availability.

Please note the following when requesting an appointment:

- Dance office hours are 9 am noon, and 1 pm 4 pm
- On Wednesday, 12/1/21, there will be a slight adjustment to the PT schedule; please sign up for a timeslot between 8:30 am – 11:30 am, instead of 9 am noon

If you have any questions, please email <u>dance@uci.edu</u>.

REMINDER New Slate – Support Your Fellow Dancers!

YAY! New Slate is finally here and back on the Claire Trevor Theatre stage with choreography by: Tamer Abdo, Jeevika Bhat, Frankie Henderson, Kelly McGill, Anna Medina, Rubí Danielle Morales, Stella Ng and Whitney Schmanski. You can watch the live performances on December 2, 3, and 4, or watch online on December 4. More information can be found at https://www.arts.uci.edu/event/new-slate-2021.

We can't wait to see you there!

REMINDER Call for Research Study Participants

Whitney Schmanski, second year MFA Student, is looking for UCI Dance Majors to participate in an experiential workshop research study titled "Noticing Natural Networks".

The purpose of this research is to investigate a workshop combination of multisensory modalities such as movement exploration, scientific imagery, and selfmassage and how they affect well-being. The workshop will explore learning of topics such as systems of the body, self-care practices, and movement exploration.

The study workshops will be held on Tuesdays in January for a total of 8 hours of participation. The dates and times are:

Tues, Jan. 4	2-3:30pm
Tues, Jan. 11	2-3:30pm
Tues, Jan. 18	2-3:30pm
Tues, Jan. 25	2-3:30pm

You are eligible to participate in this study if:

- 1. You are 18 years of age or older
- 2. You are an English speaker
- 3. You are an UCI Dance Major
- 4. You have no current injuries preventing you from participating in dance movement

If you are interested in participating in this study, please contact graduate student Whitney Schmanski via email at <u>schmansw@uci.edu</u>.

The deadline to express interest in participating is <u>December 1st, 2021</u>.

Sincerely,

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