

Dear UCI Dance Undergraduates and Graduates,

I trust this message finds you in good health. I am eagerly anticipating our continued interactions.

Here are some important dates and information to keep on your radar:

- 1. **Walk and Talk:** Wednesday January 18, 2023 at 3:30- 4:30 pm, Let's meet in front of the CAC.
- 2. Physical Therapist Dr. June Santiano:
 - Started November 13, 2023.
 - Availability: Monday and Tuesday from 2:00 pm to 6:00 pm.
 - i. No appointments on January 15th, 2024.
 - Sign up here and make sure to fill out the intake form prior to your appointment. https://calendly.com/danceptuci/30min
 - Please make sure to cancel your appointment if you can not attend at least 12 hours in advance to create space for someone else.
- 3. Dance Description of Understudy Policy
- 4. **EXTENSION- UCI Dance Scholarship Opportunities:** Scholarship Self-Nomination-[your last name], and e-mail it back to dance@uci.edu no later than 5 PM on Tuesday, January 16, 2024. We will not accept any late submissions.

Please refer to the form

here: https://zotmail.uci.edu/RTE_uploads/16/dancescholarshipform.pdf

5. Please check out the UCI Dance Department's New

Instagram: https://instagram.com/uci.dance

- 6. Prioritize Self-Care- Focus on care and repair during this transition period.
 - Your well-being is paramount, so during this transition period.
- 7. Exciting Dance Opportunities:
 - Resource List Explore it here.
 - Take one minute and I promise you find a resource you didn't even know existed.
- 8. Professor Diefenderfer and I are always available to meet to discuss anyone's questions. Please reach out to us: dldiefen@uci.edu or ksharp@uci.edu.
- 9. Please also don't forget CSAC is a great dance major resource. csacdance.uci@gmail.com

In closing, I want to remind you to take a moment for yourselves, especially during these challenging times. It's perfectly acceptable to say "NO" when needed. Please do not hesitate to reach out if you have any questions or wish to schedule a meeting. Please take a "moment" for you! Sending energy and welcome back.

Warm regards, Dr. Sharp