Dear UCI Dance Undergraduates and MFA Graduates,

I hope this message finds you as well as possible during these difficult times. We need to work together as a community to support one another through these challenges. Together, we can make a difference by offering support, understanding, and assistance to our community. If there's anything specific you need help with or if you have ideas on how we can support our community, please feel free to share via email or meeting.

Here are some helpful resources:

-UCI Campus Status: <u>https://uci.edu/status/</u>

-Student Wellness Center: https://studentwellness.uci.edu/

-Counseling Center: https://counseling.uci.edu/

Reminder, here are the dates for our walk and talk gatherings. Please help spread the word. The intention behind these walks is to create a safe and inviting space for us to engage in conversations while relishing the outdoors. We will convene in front of the Contemporary Art Center, and it promises to be a fantastic opportunity for us to connect.

• May 24, 2024 at 3:30-4:30 pm

Here are some important dates and information to keep on your radar:

- 1. Physical Therapist Dr. June Santiano:
  - Availability: Monday and Tuesday from 2:00 pm to 6:00 pm.
  - Sign up here and make sure to fill out the intake form prior to your appointment. <u>https://calendly.com/danceptuci/30min</u>
  - Please make sure to cancel your appointment if you can not attend at least 12 hours in advance to create space for someone else.
- 2. Exciting Dance Opportunities:
  - Works in Progress Resource List Explore it here.
  - Dance Major Journal Press Release-Please Read it here.
  - Experience Your Choreography in Virtual Reality- Please read through this flyer.
- 3. UROP is Friday May 17, 2024: <u>https://urop.uci.edu/symposium/symposium-attendee-2024/</u>
  - Excellent event to learn about what your peers are doing.
- 4. Please come and support your fellow colleagues at their BFA thesishttps://www.arts.uci.edu/event/bfa-thesis-dance-concerts
- 5. Please take a moment to fill out your evaluations.
- 6. Department Curriculum Updates:
  - Ballet V Dance 135
  - The Dance Department and ballet faculty have revised the criteria for enrollment in Ballet 5 beginning in Fall 2024.
  - Dance majors from any level may audition during Orientation week to be considered for permission to enroll in the class. Pointe work is required. The date/time/studio will be announced by mid-September.

- Dancers will be notified of the results after the audition and given a code to enroll.
- 7. Housekeeping notes: We are working getting the temperatures more regulated in the studios and please make sure to use the storage cubes for storage of your items during class. Please also refrain from using any paint or markers on the flooring.
- 8. Professor Diefenderfer and I are always available to meet to discuss anyone's questions. Please reach out to us: <u>dldiefen@uci.edu</u> or <u>ksharp@uci.edu</u>.
- 9. Please also don't forget CSAC is a great dance major resource. <u>csacdance.uci@gmail.com</u>.
- 10. Prioritize Self-Care- Focus on care and repair during this hectic period.
  - Your well-being is paramount. Don't forget to sleep, eat, and be mindful of your time.

In closing, I want to remind each of you to take a moment for yourselves, especially during these challenging times. Sending lots of energy to finish out week 7 .Please do not hesitate to reach out if you have any questions or wish to schedule a meeting. Let's continue to make this quarter a truly memorable one!

Warm regards, Dr. Sharp